

New Student Welcome Packet

**All you need to know about college life and the Iowa State
University Society of Women Engineers Collegiate Section**



All About SWE



Everything you need to know about the Iowa State University Collegiate Section of the Society of Women Engineers

Holly

Aerospace Engineering

Nondestructive Evaluation Minor

Junior

Director of Membership

Embarrassing Moment:

“I was the only girl in my chemistry recitation, and we took a quiz. I was the first one done, so I got up to hand it in. While walking in front of the classroom, I fell down and face planted. Everyone saw it! I was so embarrassed that I just laughed and left.”

“Last October, I attended the Annual SWE Conference in Baltimore, Maryland. This is my second year attending. It was a ton of fun again! At the conference, I got to go to a career fair just for SWE members. They also had a lot of workshops to help with things like internships and resumes.”

What is the Society of Women Engineers?

For more than sixty years, the Society of Women Engineers (SWE) has been helping women to reach their full potential as engineers and as leaders. There are currently more than 400 professional and collegiate SWE sections across the United States. These 400 sections are divided into 10 regions. Iowa State University's collegiate section belongs to Region H, the largest SWE Region.

Within ISU SWE, members are offered opportunities for leadership experiences, networking with companies and fellow engineering students, professional development, and community involvement.

General Meeting (GM)

Meetings allow members and everyone interested in SWE to develop their professional skills and to network with company representatives. Meetings are held every other Wednesday night from 6:30-7:30 pm. After members highlight upcoming SWE events, company sponsors present on professional development topics. Free food is available to everyone at each meeting!

Annual Conference

More than 6,000 female (and male!) engineers and technologists will gather in Los Angeles, California this fall from October 23- to 25. Collegiate members can attend workshops, panel discussions, development sessions, and a career fair with over 250 exhibitors in attendance.

Outreach

The ISU SWE section plans activities for students in grades pre-K through 12 to encourage interest in science and engineering. Members visit local schools to facilitate activities in addition to organizing events for students to come to campus.

SNAP Program (Social Networking Among Peers)

SNAP is a great way to get to know other girls in your major at Iowa State in all different grade levels! Past SNAP events have included craft nights, food and socializing. They also are a great way to get advice from upperclassmen!



New Student Opportunities in SWE

New Student Representatives

One leadership opportunity for freshmen SWE members is becoming a New Student Representative. The role of the new student representatives include organizing events for new students involved with SWE. Some past events have been dinners and a scavenger hunt to become familiar with great places on campus to study, relax, or have fun. New Student Representative is a fun position and looks great on a resume!

Freshmen Sponsor

Every fall semester, a freshman in SWE is sponsored to attend the Society of Women Engineers Annual Conference. The SWE Annual Conference is an event hosted each year to bring together both collegiate and professional SWE members from across the nation. During the conference, members will have the chance to attend various workshops, a career fair and numerous other activities. The conference is the perfect opportunity for members to meet other SWE members, interact with various company representatives and have fun. Look for more information during the first week of school!

Courtney

**Biological
Systems
Engineering**

Spanish Minor

Sophomore

Corporate Finance Chair

“I was the freshman representative that went to Baltimore. I can't even begin to describe the impact that conference had on my life. Not only did I find the company that I want to work for but it gave me inspiration and hope for the future. Sometimes it is hard to see what lies ahead, but after listening to all the motivational and inspirational women speak, I know that engineering is the right path for me. I learned so many lessons, made amazing friends, and networked with companies. I loved it so much that I plan on going all 4 years if I can.”

New Student Welcome Event

Join us Tuesday, August 26 for an exclusive New Student Welcome in the Howe Hall Atrium from 7-8:30!

Our welcome event will be the perfect way to learn more about SWE and meet other freshmen in engineering!

Contact isuswepresident@gmail.com for more information

“SWE is one of the few clubs on campus that is known nationally. I like SWE because of all the connections you can make. Not only are there business related connections you can make through conferences and career fairs, but friendships that can last a lifetime.”

Fall 2014 Semester

New Student Welcome
 Kick Off Picnic
 General Meeting
 New Student Retreat

September 19-27:
 E-Week

September 23:
 Engineering Career Fair

October 23-25:
 SWE Annual Conference

October 6-11:
 Homecoming

November 24-28:
 Fall Break



December 8-12:
 Dead Week

December 15-19:
 Finals Week


Cyclone Football:

8/30: vs. North Dakota St
 9/6: vs. Kansas State
 9/13 at. Iowa
 9/27: vs. Baylor
 10/4: at Oklahoma St.
 10/11: vs. Toledo
 10/18: at Texas
 11/1: vs. Oklahoma
 11/8: at Kansas
 11/22: vs. Texas Tech
 11/29: vs. West Virginia
 12/6: at TCU

August 2014

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September 2014

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October 2014

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November 2014

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December 2014

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Abby

Mechanical Engineering

SWE Senior Sleepover Co-Chair

Junior

“On the first day of school, I was trying to get to my first class and I thought I found the correct room. I was sitting in my classroom waiting for class to start when I decided to start a conversation with the guy sitting next to me. I asked him if he was ready for Calc 2 (the class I was supposed to be in) and he just gave me a blank stare. He said he wasn't even in Calc 2 and everyone around him started saying the same thing. Turns out I was in a Transportation class for upperclassmen and my classroom was across the hall. Safe to say I never messed up the classroom numbers again!”

“One thing I really enjoy about SWE is the opportunity for leadership positions from the minute you join. I love being a part of cabinet and getting to know all the people involved in SWE.”

SWE Contacts

Have a question about your major, classes, SWE, or college life?

Feel free to contact one of our SWE members! See their biographies on the sidebars of this packet!

Major	Name	Email
Aerospace	Holly	hjbixby@iastate.edu
Agriculture/Biological Systems	Courtney	cmp@iastate.edu
Civil/Construction	Glenna	gmlovig@iastate.edu
Materials	Jackie	jjsmith6@iastate.edu
Chemical	Darcie	darcief@iastate.edu
Chemical	Jessie	jakuyper@iastate.edu
Industrial	Katie	kwoltjer@iastate.edu
Mechanical	Abby	abrown12@iastate.edu
Undeclared	Katie	kkrettek@iastate.edu
Electrical/Computer/Software	Katherine	kgb18@iastate.edu

Glenna

Civil Engineering

Environmental Emphasis

Junior

Co-Director of Outreach

"I attended the SWE Senior Sleepover during my senior year of high school and really liked it. I went to the first meeting with my roommate. It helped that she wanted to be in SWE as well, because then I had someone to go to meetings with. We had so much fun at the kickoff picnic that we were hooked. I honestly can't imagine what it would be like if I wasn't in SWE"

Embarrassing Story:

"I had had one full semester of classes so I thought I knew my way around campus pretty well. On the first day of classes I couldn't find the classroom. After asking three people, I tried one more office. "Hi I'm looking for Ross 0023 and no one seems to be able to find it. Do you know where it is?" Third time's a charm right? She smiled at me and said "Honey, Ross is the next building over. You're in Curtiss". Needless to say I was a little embarrassed. Apparently I didn't know campus as well as I thought."

What do I need to do before school starts?

Contact your Roommate:

- ◆ Compare which items you are going to bring: refrigerator, microwave, TV, DVD player, etc.
- ◆ Ask about which items you would like to share and would not like to share

School Supplies:

- ◆ Spiral notebooks
- ◆ Folders and binders
- ◆ Colored pens or markers (for taking notes or studying)
- ◆ Graphing AND regular scientific calculator (Some classes, such as economics and chemistry, do not allow graphing calculators. However, a graphing calculator with calculus capabilities is useful in advanced math and engineering classes.) SWE members recommend either the TI-89 Titanium or TI-Nspire CX CAS graphing calculators.
- ◆ Small ruler
- ◆ Stapler
- ◆ Notecards to make flashcards
- ◆ Backpack size white board with dry erase markers (helpful for drawing out homework problems)
- ◆ Sticky notes
- ◆ Assignment notebook/planner
- ◆ Stamps and business size envelopes
- ◆ Your orientation notebook
- ◆ Gather notes from high school: if you took any AP classes (Physics, Chemistry, Calculus, etc.), it might be a good idea to bring some of your notes for reference

What to Order:

- ◆ Purchase parking pass if you are bringing a car to campus
- ◆ Order textbooks

Other important items to bring:

- ◆ Rain boots and umbrella
- ◆ Loft kit if your bed isn't already lofted
- ◆ Shelf for your loft to hold an alarm clock
- ◆ Extension cord and power strips (Most rooms only have 1 or 2 outlets)
- ◆ Fan if your room isn't air conditioned
- ◆ Cleaning supplies (disinfecting wipes, paper towels, dish soap, etc.)
- ◆ Small tool kit
- ◆ Drying Rack
- ◆ USB drive/External hard drive
- ◆ Bowls, plates, napkins, cups, utensils
- ◆ Coaxial cable for your TV
- ◆ Extra long twin bedding if you are living in a dorm (the regular size won't fit!)



Darcie

**Chemical
Engineering**

Chemistry Minor

Junior

Awards/FAC Chair

Purchase Casual and Business Professional Attire for the Career Fair and Interviews:

- Black dress pants
- Knee length pencil skirt (black, navy blue or gray)
- Khaki pants
- Button down blouse
- Nice top that is not low cut
- Closed toe dress shoes (heels or flats)
- Nice dark colored sweater/ blazer
- Business suit

Move-In and Packing Tips:

- Pack clothing, bedding, shoes, and other light-weight items in laundry baskets to make them easier to carry
- Avoid having loose items while packing
- Keep clothing you want hung on hangers for easy unpacking
- ISU Students are available to help you carry items to your dorm room
- Elevators will have limited access or will be unavailable, plan on carrying your items up or down stairs
- Arrive early - there will be less traffic and more workers available to help you
- Plan on making a couple trips to the store throughout the day to buy groceries, forgotten supplies, and extra storage items

Advice for New Students

“Don't be afraid to go into professor's' office hours and ask questions. Attend SI, it's there to help you. Make connections with people in your major and in your class cause you'll see them forever.”

“Your incentive to go to the gym: They have smoothies.”

“I joined SWE for the cookies and T-shirts mentioned on the welcome flyer. I stayed in it for the opportunities it provided and the support I gained from the amazing SWE members I have met.”

Jackie

Materials Engineering

Senior

Co-Director of Corporate Relations

Internship at Rockwell Collins

“I interned with Rockwell Collins, working under and engineer and testing different software/hardware. I worked on many different projects and enjoyed being able to see them all the way through.”

“Make use of your professor’s office hours. They are there for a reason and they can be a great resource. It is also a great way for your professor to learn your name and who you are. You never know—they may be a great reference one day or have a research opportunity for you.”

“I like meeting other women in engineering and making friendships. It is also a great way to get leadership experience and I like the professional networking it allows.”

Places to Eat on Campus

Residential Dining Centers

ISU Dining operates residential dining centers located conveniently near your home. The dining centers offer breakfast, lunch and dinner, and meals are all-you-care-to-eat.

- 1) Union Drive Marketplace **Meal Bundle Dining Dollars \$**
- 2) Seasons Marketplace **MB D\$**
- 3) Conversations (Oak-Elm) **MB D\$**
- 4) Storms Dining **MB D\$**

Retail Dining Establishments

On-campus restaurants are a great place to sit down and enjoy a hot meal or get one to go! Plus, meal bundles can be used at all three on-campus restaurants: Clyde’s Sports Club, Hawthorne Market & Café, and the Memorial Union Food Court.

- 1) Clyde’s Sports Club **MB D\$**
Union Drive Community Center
- 2) Hawthorne Market and Café **MB D\$**
Frederiksen Court Community Center
- 3) Memorial Union Food Court **MB D\$**
Memorial Union

Campus Cafés

On-campus cafés are a great place to grab a cup of coffee, tea, or a snack between classes.

- 1) Bookends Café **D\$**
- 2) Business Café **D\$**
- 3) Caribou Coffee **D\$**
- 4) Courtyard Café **D\$**
- 5) Design Café **D\$**
- 6) Gentle Doctor Café **D\$**
- 7) Hub Grill & Café **D\$**
- 8) MU Market & Café **D\$**
- 9) State Gym Fruits Smoothies **MB D\$**

C-Stores

Open at convenient hours, you can purchase snacks, beverages, and convenience items at campus C-stores. Some C-stores also offer made-to-order deli sandwiches, pizza, smoothies, and other specialty items. Meal bundles are accepted at some C-stores during designated times.

- 1) East Side Market **MB D\$**
Maple-Willow-Larch Commons
- 2) South Side Market **MB D\$**
Wallace-Wilson Commons
- 3) West Side Market **MB D\$**
Union Drive Community Center

How to order food online:

- 1) Go to iastate.edu
- 2) Click on D in the alphabetical index
- 3) Go to “Dining Services”
- 4) Click on “Order Online-WebFood”
- 5) Go to the hyperlink <https://iastate.webfood.com/>
- 6) Click on ‘New User’
- 7) Create your profile
- 8) Make sure to enter your ISU ID Number so the meals will come out of your dining account
- 9) Start your order
- 10) Choose where you would like to pick up your food (Clyde’s or Hawthorne Marketplace)
- 11) Choose your food and the time you would like to pick it up
- 12) Check out
- 13) Your food will be waiting when you arrive!



Katie

Industrial & Manufacturing Systems Engineering

Minors in Sales Engineering

Senior

Co-Director of Outreach

Internship at Emerson Process Control

“I worked as a manufacturing co-op in the Nuclear Value Stream. I worked on projects that dealt with process mapping/flow, and process efficiency. I was able to spend eight months at the factory which allowed me to work on more in-depth and long term projects. It was an invaluable experience, and I highly encourage students to take the time off of school and pursue a co-op.”

I work for a professor within my department who teaches safety and ergonomics courses. It has been a great experience to be able to apply some of the skills and concepts from the classroom while building relationships with other students and faculty. Doing research helps you hone your writing, speaking, research skills, etc. which are all valuable skills to be applied in the workforce.

Fun Around Campus

ISU AfterDark

ISU AfterDark is a student group that plans great late night activities on Friday nights throughout the year. These free events take place from 9pm – 1am at the Memorial Union. There are outstanding opportunities to watch various talent acts (magicians, hypnotists, comedians, etc.), win great prizes, eat a variety of free food, meet other students, and have fun!

Cyclone Cinema

The *Films* committee of the Student Union Board (SUB) is responsible for showcasing a variety of genres in the film industry, ranging from horror and comedy, to action and drama. Each week, a new movie is shown at Cyclone Cinema in Carver 101 that is FREE to the public.

ISU Homecoming

The alumni of ISU first began returning home for an official Homecoming in 1912. Since then, the celebration continues to entertain both young and old Iowa Staters, with traditional events, including tailgating prior to the homecoming football game, fireworks, lawn displays, “Yell Like Hell” cheering competition, and mass campaniling.

Intramurals

Intramural sports are a great way to get involved on campus! Sports range from softball to volleyball to broomball and more! The winning team from each division wins a free t-shirt! SWE won t-shirts in softball and bowling this year. Be sure to join our SWEagles intramural teams as a great way to meet other girls and stay active!

SWE Social Events

Throughout the year, SWE hosts many different social events in addition to our professional and outreach events such as movie nights, snow tubing, pottery painting, and more!

Sports

Jessie

Chemical Engineering

Emphasis in Food Engineering

Senior

Co-Director of Corporate Relations

Internships at Pella Windows and General Mills, and Research Assistant in the Biorenewables Lab

“Freshman year I decided that I needed to bring literally everything I owned to college with me. So my parents and I packed everything up into two large suburbans and drove to go move in. Turns out two suburbans full of stuff will not fit in one dorm room no matter how hard you try, I was known by the move in crew as 2-suburban girl for the rest of the year. “

“I went to the SWE Conference last year in Baltimore. It was tons of fun to spend a long weekend getting to know our Iowa State SWE girls better as well as taking in all the conference had to offer. I was able to meet other women engineering students from schools around the country as well as inspiring women working for some of the top companies in the nation! I loved my conference experience and definitely hope to go again this year!”

Student Tickets (buy tickets early in the summer because they do sell out!):

- Purchase online at www.cyclones.com using your student ID number
- Buy now, pay later. Selecting the U-bill payment option allows you to wait until August to pay. You can also pay immediately with a credit card.
- Tickets on lost or damaged ISU Cards are voided and loaded immediately on the replacement ISU Card received at the ISU Card Office
- Men's Basketball tickets are only available with the purchase of the All-Sports Package.

Forward tickets to a friend:

Can't make it to a game? Forward your tickets to a friend electronically with a \$2 fee.

Cyclone Alley:

- Cyclone Alley is the student section for men's basketball games. Membership in the club comes with 3 t-shirts, preferred seating to every game, and invitations to game watch events and road trips.
- You can join by visiting cyclonealley.com. You will also receive a membership to the Student Alumni Association. The Student Alumni Association pass offers over 120 local business discounts, a free t-shirt and other fun benefits throughout the year.

Ticket Option	Price (subject to change)	Includes
All-Sports Package	\$249	Football tickets, Men's basketball tickets, Cy's Pass, Cyclone Alley/ Student Alumni Association Membership, Football Jersey
Football Season Tickets	\$125	7 home game tickets at Jack Trice Stadium
Cy's Pass	\$30	Includes admission to women's basketball, wrestling, volleyball and gymnastics

Iowa State Fight Song

O we will fight, fight, fight for Iowa State,
And may her colors ever fly.
Yes, we will fight with might for Iowa State,
With a will to do or die,
Rah! Rah! Rah!
Loyal sons forever true,
And we will fight the battle through.
And when we hit that line we'll hit it hard ev'ry yard for I. S. U.



Katie

Mechanical Engineering (Previously Undeclared)

Minor in LCP Spanish

Senior

President

Internship with BD Medical

“The first semester on campus you take a seminar class where the college brings in speakers from each engineering department so that you know what all your options are. I used the career fair to try to get an idea of what jobs were available for the two disciplines I was considering at that time. Taking a semester to decide was a great chance to get a feel for engineering and get more information before having to make my decision.”

“I love the opportunities for professional development and networking in a comfortable setting. I also appreciate the chance to get to know other girls in engineering and having the chance to talk to upperclassmen that have been through all of my classes and now to get to be that person for younger students.”

State Gym

Located directly behind Martin and Eaton Residence Halls, State Gym is the newest athletic facility on campus. It features a rock climbing wall, classrooms for group fitness, treadmills, ellipticals, stationary bikes, stair climbers, and countless weight machines and weight stations. State Gym also features two running tracks and two large gyms that can be set up for basketball or volleyball. There is a large pool equipped with a diving board, volleyball net, and basketball hoop, as well as a large hot tub for relaxing and a whirlpool for resistance training.

Lied Recreation

Located North of the Maple-Willow-Larch Residence Halls, Lied Recreation offers two running tracks, a weight room, racquetball courts, treadmills, ellipticals, and classrooms for group fitness and much more! You can check out equipment at the front desk.

Intramurals

A great way to stay healthy while having fun is to join an intramural team. With a philosophy of "something for everyone," the Intramural Program offers over 40 sports including volleyball, broomball, and even various card game tournaments, just to name a few! If you are looking for a team, our SWE Section participates in multiple intramural sports each semester. This is a great way to meet your fellow SWE members!

Group Fitness Classes

A variety of fitness classes are offered at many times throughout the week at State Gym and Lied. Classes are free for currently enrolled students. Some classes include varying levels of Yoga, Zumba, Hip Hop, and Kickboxing!

Outdoor Recreation

The Outdoor Recreation Department located in the State Gym Athletic Complex features many different outdoor gear available for rent as well as classes and trips throughout the year. They offer affordable Spring Break trips for mountain biking, rock climbing, surfing, and much more.

Study Tips

Katherine

Electrical Engineering

Minor in Energy Systems

Senior

SNAP Program Co-Chair

Internship at Lincoln Electric

“I was a research assistant in the Bio-systems Engineering lab. We used a machine to test the strength of different barn scents. Our goal was to help eliminate toxic smells, or keep them to a minimum that may occur in animal barns that can be harmful.”

“I like SWE because at the meetings on Wednesday night, you are able to hear from adults that work in large companies. You can ask them questions, and introduce yourself. It gives you a head start on networking for jobs, and internships. I also like that SWE offers many activities you can volunteer for, and meet other women in engineering.”

Academic Success in Seven Steps

- 1) Stay organized - Keep a planner, make To-Do lists and agendas. Find which way works best for you to stay organized.
- 2) Go to office hours - If you can't make it to their designated office hour times, send your professor/TA an e-mail with the times that you are available to meet.
- 3) Don't be afraid to ask questions
- 4) Review notes from previous classes before going to lecture - seeing something multiple times will help you remember it.
- 5) Make study groups with your classmates.
- 6) Always go to class
- 7) Maintain healthy eating, exercise, and sleeping habits

Good Places to Study on Campus

Library:

- The higher you go, the quieter it gets.
- The Periodical Room on the 2nd floor is a designated quiet study zone.
- For laptops, power outlets are found on the west wall on floors 2, 3, 4 and on the east wall in Tiers 1-7.
- Eight group study rooms are great places to have project meetings or study sessions. These can be reserved at the Circulation Desk and are each equipped with a table, six chairs, and a whiteboard.

Computer Labs and Engineering Lounges:

- Multiple engineering computer labs are located in the engineering buildings
- Most engineering departments also have student lounges with tables, microwaves, or even couches! (Check with your department for these locations)

Central Campus:

- Wireless internet can be received throughout campus - including outside! On a nice day, grab a blanket, find some shade, and enjoy the gorgeous scenery of Iowa State!

SWE office (404 Marston Hall):

- Come say “hi” to the cabinet members holding office hours
- Great place to network with other SWE members in engineering
- Computers and a table are available to use
- There are usually snacks as well!



Backpack Checklist

Here are some things you won't want to leave your residence hall without!

- Mini stapler
- Advil/Tylenol
- Chapstick
- Lotion
- Band-Aids
- Mini Kleenex pack
- Water bottle
- Planner or calendar
- Calculator
- Clicker (some classes use these response cards for in-class quizzes)
- Pens and pencils
- Flash drive
- Iowa State Student ID Card
- A Small snack
- Gum
- Mini umbrella
- Your room keys

Academic Success

Don't let yourself become overwhelmed with the work load of college; there are many services available on campus which will help you to succeed academically. One of your first steps should be forming study groups with your classmates. Sometimes your peers can be your best resource!

Supplemental Instruction

Supplemental Instruction (SI) is an academic support program offering free, regularly scheduled study sessions for traditionally difficult courses. Three to five 50-minute sessions using collaborative learning methods are held each week. SI sessions are facilitated by undergraduate students who have previously taken the course and demonstrated academic competency in the subject area. These sessions are optional, so it is not required to attend every session. However, studies have shown that the more sessions you attend, the higher your final grade will be in the course. SI is offered for large lecture courses such as chemistry, math and physics as well as some engineering courses.

Office Hours

Your professors hold office hours throughout the week, providing you with an opportunity to speak with your professor one-on-one to answer any questions you may have about the course material. Office hours are generally announced on the first day of class, but can also be found out by e-mailing your professor. Your teaching assistants (TA) will also hold office hours. They are graduate and upper level undergraduate students.

Help Rooms

Free academic help rooms are located for various subjects. These help rooms are headed by graduate students in their respective fields. Chemistry (2112 Gilman), Math (385 Carver), Physics 221 (B54 Physics), and Physics 222 (83 Physics).

Engineers' Week: Sept. 20-28

Intramurals

Team up with your friends in to compete in the departmental challenge. The winning department gets a trophy and bragging rights!

Free Lunches

Come enjoy the benefits of being an engineer by getting free lunch throughout the week in front of Marston Hall.

Engineers' Charity Ball

End the week with dancing and supporting Minds of Tomorrow on Sept 28th. Minds of Tomorrow provides assistance in addressing the critical needs of equipment in K-12 schools while promoting engineering.



Helpful Things to Know

Engineering Printing

Being an engineering student at Iowa State brings you the advantage of extra print credits. At the beginning of each semester you will have a total of 2000 print credits. These credits can be used in any lab on campus. However, non-engineering labs require more print credits than computer labs in engineering buildings.

Engineering Computer Labs:

Black and White: 1 credit/page
Color: 5 credits/page

General Computer Labs:

Black and White: 5 credits/page
Color: 20 credits/page

Laundry

In residence halls, CyCash is used to pay for each washer and dryer load. Before you start your laundry, make sure that you have an adequate amount of CyCash loaded on your ISU Student ID to pay for using the machines!

The Laundry Alert system allows you to see how many washers and driers are currently being used, and allows you to track the progress of your laundry. Laundry Alert can be found at www.laundryalert.com, the sign in is isu7983.

CyRide

The CyRide busses will take you almost anywhere you would like to go on campus and around Ames. These are free to all ISU Students with your Student ID. A current bus schedule can be found at www.cyride.com.



Engineers' Week: Sept. 20-28

Career Fair

On Sunday and Monday, prep for the Career Fair by coming to employer seminars and workshop to improve your resume.

Come to Hilton Coliseum on Tuesday, September 24th to experience the largest indoor Career Fair in the nation. Talk to employers and land an internship!

Ambassadors

Not only can you participate, but you can have a behind the scenes role in Engineers' Week too! They need lots of dedicated engineers to help out with all the exciting events planned! If you are interested, just look for an email in September about being an Engineers' Week Ambassador.

Questions? Contact isueweek@gmail.com

Safety Tips

- Use the Buddy System when walking around late at night
- Be aware of your surroundings while walking by yourself at night
- Know the locations of safety phones across campus
- Minimize the amount of valuables you carry around
- Don't leave your backpack or your valuables unattended
- Know which paths are well lit on campus
- Check the CyRide schedule before walking to the bus stop
- Make sure someone knows where you are
- Always carry a charged cell phone
- Update your ISUAlert and Emergency Contact information through AccessPlus
- Lock your door and windows when you leave your room

Phone Numbers

Safety Escort and Help Van: 515-294-4444

Jump start, jacks, lug wrenches or other tools needed to change a flat tire, ride to and from nearest service station for assistance in getting fuel.

Student Legal Services: 515-294-0978

FREE legal advice and assistance in the following areas: family law and divorce, criminal law, landlord-tenant problems, off-campus employment problems, consumer issues, administrative issues, notary services

Thielen Student Health Center: 575-294-5801

Full health center with doctors that can provide almost every service you would expect from your regular physician: health check-ups, vaccinations, and physicals. Thielen also features a full service pharmacy.

Counseling Services: 515-294-5056

Crisis consultations, counseling, career exploration, biofeedback program, relaxation and self help exercises and professional training program

ISU Police: 515-294-4428

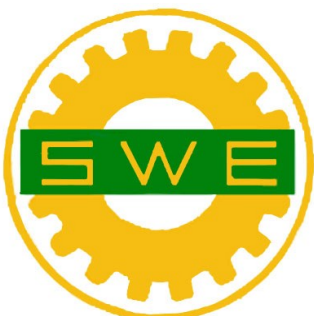


Testimonials

"I love the people and how social everyone is. Some clubs just listen to the presenter then leave at the end. In SWE we all show up early so we can talk and most of us hang out chatting afterwards. Everyone is so friendly. I really almost can't even put it into words. There is something about SWE that makes it awesome! - Glenna, Junior

"When I first joined SWE, I was under the assumption it was just a club that would probably look good on my resume. However, after our first meeting I realized SWE is more than a club, it is a community of extremely fun, kind, and gifted individuals. These individuals soon became my close friends who have helped me through the daily challenges I encounter as an engineering major." - Angelica, Senior

"I love the opportunities for professional development and networking in a comfortable setting. I also appreciate the chance to get to know other girls in engineering and having the chance to talk to upperclassmen that have been through all of my classes and now to get to be that person for younger students." - Katie, Senior



Society of Women Engineers
Iowa State University Collegiate Section